

## HEALTH SERVICES REGULATION

### Student Health Services Administrative Regulations

I. Student Health Services - Each school building may develop a customized student health services program based on its unique needs and resources. Scientific advances, laws, and school improvement necessitate supports to students with health needs to receive their education program.

Supports to improve student achievement include:

- qualified health personnel
- school superintendent, school nurse, and school health team working collaboratively
- family and community involvement
- optimal student health services program with commitment to its continuing improvement

Components provided within a coordinated school health program include:

- health services
- nutrition
- healthy, safe environment
- staff wellness
- health education
- physical education and activity
- counseling, psychological, and social services
- family and community involvement

Student health services are provided to identify health needs; facilitate access to health care; provide for health needs related to educational achievement; promote health, well-being, and safety; and plan and develop the health services program.

### II. Student Health Services Essential Functions

1. Identify student health needs:
  1. Provide individual initial and annual health assessments
  2. Provide needed health screenings
  3. Maintain and update confidential health records
  4. Communicate (written, oral, electronic) health needs as consistent with confidentiality laws
2. Facilitate student access to physical and mental health services:
  1. Link students to community resources and monitor follow through
  2. Promote increased access and referral to primary health care financial resources such as Medicaid, HAWK-I, social security, and community health clinics
  3. Encourage appropriate use of health care
3. Provide for student health needs related to educational achievement:
  1. Manage chronic and acute illnesses
  2. Provide special health procedures and medication including delegation, training, and supervision of qualified designated school personnel

3. Develop, implement, evaluate, and revise individual health plans (IHPs) for all students with special health needs according to mandates in the Individuals with Disabilities Education Act (IDEA), Rehabilitation Act (Section 504), and American with Disabilities Act (ADA)
4. Provide urgent and emergency care for individual and group illness and injury
5. Prevent and control communicable disease and monitor immunizations
6. Promote optimal mental health
7. Promote a safe school facility and a safe school environment
8. Participate in and attend team meetings as a team member and health consultant
4. Promote student health, well-being, and safety to foster healthy living:
  1. Provide developmentally appropriate health education and health counseling for individuals and groups
  2. Encourage injury and disease prevention practices
  3. Promote personal and public health practices
  4. Provide health promotion and injury and disease prevention education
5. Plan and develop the student health services program collaboratively with the superintendent, school nurse, and school health team:
  1. Gather and interpret data to evaluate needs and performance
  2. Establish health advisory council and school health team
  3. Develop health procedures and guidelines
  4. Collaborate with staff, families, and community
  5. Maintain and update confidential student school health records
  6. Coordinate program with all school health components
  7. Coordinate with school improvement
  8. Evaluate and revise the health service program to meet changing needs
  9. Organize scheduling and direct health services staff
  10. Develop student health services annual status report
  11. Coordinate information and program delivery within the school and between school and major constituents
  12. Provide health services by qualified health professionals to effectively deliver services, including multiple levels of school health expertise such as registered nurses, physicians, and advanced registered nurse practitioners
  13. Provide for professional development for school health services staff

### III. Expanded Health Services

These additional health services address learning barriers and the lack of access to health care. Examples include school-based services in the school, school-linked services connected to the school, primary care, mental health, substance abuse, and dental health.

**I.C. Iowa Code****Description**

Iowa Code § 139A

[Communicable/Infectious Diseases](#)

Iowa Code § 143.1

[Public Health Nurses](#)

Iowa Code § 152

[Nursing](#)

Iowa Code § 22.7

[Confidential Records](#)

Iowa Code § 256.11

[DE - Educational Standards](#)

Iowa Code § 256.7

[DE - Duties of State Board](#)

Iowa Code § 279

[Directors - Powers and Duties](#)

Iowa Code § 280.23

[Student Health Services](#)**I.A.C. Iowa Administrative Code****Description**

281 I.A.C. 12.3

[Administration](#)

281 I.A.C. 12.4

[School Personnel](#)

281 I.A.C. 12.8

[General Accreditation Standards - Student Achievement](#)

282 I.A.C. 22

[Educational Examiners - Authorizations](#)

641 I.A.C. 7

[Public Health - Immunizations](#)

655 I.A.C 6

[Nursing](#)**U.S.C. - United States Code****Description**

20 U.S.C. § 1232g

[Education - FERPA](#)

20 U.S.C. § 6301 [Education - Elementary and Secondary Improvement](#)

20 U.S.C. 1400 [Education - IDEA - Findings, Purposes](#)

29 U.S.C. §§ 794 [Labor - Vocation Rehab Rights](#)

42 U.S.C. § 12101 [Public Health - Equal Opportunity - Disabilities](#)

**C.F.R. - Code of Federal Regulations**

**Description**

28 C.F.R. 35 [Judicial - Disability - Nondiscrimination](#)

34 C.F.R. Pt. 104 [Education - Nondiscrimination on Basis of Handicap](#)

34 C.F.R. Pt. 200 [Education - Academic Achievement of Disadvantaged](#)

34 C.F.R. Pt. 300 [Education - Disabilities/Children/Assistance to States](#)

34 C.F.R. Pt. 99 [Education - Family Rights and Privacy](#)

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